

How To: Make a Book Holder

Something to hold those reference books open!



When I am reading a textbook, or cooking in the kitchen, I hate when my book keeps flipping closed just when I need it to stay open. I like to knit while I am researching, so I don't have an extra hand to keep on the book. These little book holders are not my invention, but they cost some money on Amazon or Etsy, and I thought I could make them myself. And now you can too!

Supplies

- Spare fabric, a square about 10 inches by 6 inches. This could be spare quilting cotton, or just an old pair of jeans or t-shirt. It could also be a little less than this, but I wouldn't make a holder less than 6 inches long and 3 inches thick.
- A marker for drawing on the fabric. You could get super fancy and use a fabric erasable marker, but I just used a sharpie.
- An iron
- Plastic mesh, stiff.
- Needle and thread. If you have a sewing machine, this will go faster, but you can hand sew everything. I machine stitched it together and then hand sewed the ends. It's nice if you have a contrasting color to your fabric.
- Pellets to weigh the ends down. I had some leftover plastic pellets from a weighted blanket project, but you can use whatever you have. Rice works really well, as does playground sand, if you want to be a rebel! (Just make sure that the sand is clean! You don't want critters crawling out of your nice book holder...)
- Books to hold down!

